## 4 9 13 CMH Subcommittee 8:30 to 10 am

Susan Delyea, Steve Graci, and Carol Dixon of Idaho Federation for Families Shelley Retter and Jennifer Young, Boise School District Gina Westcott, Mechelle Wilson, and Laura Thomas, Region 4 H&W Wendy Thompson– parent and concerned citizen

Jason Stone, Idaho Department of Juvenile Corrections, Doug Miller, Valley County court Services, Valeria Delyea, Boise County Juvenile Justice, Jennifer Martin, Carrie Morie, Liza Long, Amanda Phillips and Randy Nurmi were not able to attend.

1. Review of notes from last meeting – corrections as needed

No corrections noted.

## 2. BSD information

Shelly Retter finished providing an update on special education and mental health service connections to the Boise School District (BSD). Caution is given to remember that all school districts use individual approaches to meet requirements, so practices at BSD are only representative of that district. Shelley also provided some state wide data on students with special education needs. This included: graduation rates with a regular diploma; dropout rates of students with IEP's; responses of parents with students in special education services regarding satisfaction of their involvement in services for their children with disabilities.

Laura will update documents posted to web page.

Discussion on next steps included mention that State Planning Council is meeting later today and it is possible guidance for what each region should include in Jeff D observations will be on agenda. Hopefully by next CMH subcommittee meeting, there will be direction for the group. Consensus was to wait for guidance and to begin reviewing all information at the next meeting.

3. Continued Discussion of Children's mental health day/week May 2013

Children's Mental Health Awareness Week activities continue to evolve and are nearly finalized

Poster Contest – deadline to submit is April 15 – entries have been coming in and everyone encouraged to remind others to send in submissions.

May 7 – Emerging from the Shadows... Exposing Stigma

Region 4 only will have a special light lunch and Kids Eat Right parent education option – tips and resources for healthy family meals. RSVP required to help determine food needs, 1 to 1:45 pm Conference (video conference to other regional offices in Idaho) 2 to 5 pm Mtn, 1 to 4 pm Pacific Liza Long, Parent , Blogger and Children's Mental Health Advocate Ann Kirkwood, Anti-Stigma recognized expert

Ninon Germain, MD, child psychiatry expert addressing Trends in Children's Mental Health Treatment

Judy Gabert, SPAN Resource Specialist and teenage suicide prevention expert

May 10 – Resource Fair for parents - Location is Carrington College 2-6 pm, featuring local providers and Poetry Therapy workshops with Sue Reuling Furness. To reserve a booth contact the Idaho Federation of Families, www.ldahofederation.org click on Events look for May 10 resource fair

4. Items from floor – none. Meeting adjourned 9:40. Next Meeting May 14, 8:30 am Room 131